



JBM-HH ACS Training Calendar JUNE 2011



ALL CLASSES REQUIRE PRE-REGISTRATION

Mon	Tue	Wed	Thu	Fri	Sat
		1 1000-1100 WELCOME TO KOREA 1030-1130 TODDLER TIME	2 1030-1200 FRG ROUNDTABLE	3 1300-1600 BUDGETING FOR BABY AND BABY BUNDLES	4
6 1130-1300 RETIREMENT PLANNING	7 1200-1300 LUNCH & LEARN: PARENTING ADHD KIDS	8 1130-1300 UNDERSTANDING FORCLOSURE	9 1700-1900 HEARTS APART	10	11 STAYING HOME ALONE 1000-1200
13 1000-1200 PRE-DEPLOYMENT WORKSHOP	14 1330-1530 SMOOTH MOVE 236th Army Birthday 	15 1000-1100 WELCOME TO GERMANY 1030-1130 TODDLER TIME 1130-1300 REMEDIAL CHECK/DEBIT CARD MANAGEMENT	16 0900-1500 FAMILY READINESS TRAINING: FRG LEADERS & FRSA's – WORKING TOGETHER	17	18
20 0900-1030 READY FOR REUNION WORKSHOP 1030-1200 REINTEGRATION WORKSHOP 1200-1300 PARENTING SOLO	21	22 1000-1130 SPOUSE MEET & GREET 1130-1300 LIVING WILLS AND TRUSTS	23 0800-1600 FIRST TERMERS MONEY MANAGEMENT	24	25
27 1030-1200 BOOK CLUB: LOVE & RESPECT	28 1400-1530 SPONSORSHIP TRAINING	29	30	Father's Day 19th 	Army Community Service 201 Custer Rd. Ft. Myer, VA 22211 Phone: 703-696-3510 Fax: 703-696-0159 TTY: 703-696-4675

Classes listed in BLACK will take place @ Fort Myer ***Classes Listed in RED will take place @ location listed on the back ***** Classes listed in BLUE will take place @ Fort Belvoir
 *****Location, contact phone numbers and descriptions of classes are listed on the BACK ***** All Classes require pre-registration *****



Army Community Service Calendar of Events



Thursday, 2 June

FRG Roundtable

1030-1200, Fort Belvoir ACS, Bldg. 200
This month's Roundtable topic will be: "Summer Readiness". You're invited! FRG Leaders, Command Teams & Key Volunteers. It's your time! Ask questions. Share success stories and get feedback.
Call: 703-696-1229 or 703-805-5683

Friday, 3 June

Budgeting for Baby and Baby Bundles

1300-1600, JBM-HH ACS, Bldg. 201
New and expectant parents will learn to prepare themselves and their finances for the responsibilities of parenthood.
Call: 703-696-3512

Monday, 6 June

Retirement Planning

1130-1300, JBM-HH ACS, Bldg. 201
Call: 703-696-3510

Tuesday, 7 June

Lunch & Learn: Parenting ADHD Kids

1200-1300, JBM-HH, Bldg. 201
Dr. Ruth Hoffman, a clinical psychologist in Developmental Pediatrics at the National Naval Medical Center, will be presenting various behavioral and educational management techniques.
Call: 703-696-3512

Wednesday, 8 June

Understanding Foreclosure

1130-1300, JBM-HH ACS, Bldg. 201
Call: 703-696-3510

Saturday, 11 June

Staying Home Alone

1000-1200, JBM-HH ACS, Bldg. 201
This class is for children ages 9-12 and their parents. Parents will learn to develop a safety plan for their children while children learn about handling emergencies, feeling of loneliness, boredom and fear, and the importance of following safety rules.
Call: 703-696-3512

Monday, 13 June

Pre-Deployment Workshop

1000-1200, Fort Belvoir ACS, Bldg. 200
To provide service members, deploying civilians and Families an understanding of the pre-deployment process, and discuss the financial, legal, medical and practical preparation. Pre-Deployment checklists are provided.
Call: 703-696-1229 or 703-805-5683

Remedial Check/Debit Card Management

1130-1300, JBM-HH ACS, Bldg. 201
Call: 703-696-3510

Thursday, 16 June

Family Readiness Training & FRSA's- Working Together

0900-1500, Fort Belvoir ACS, Bldg. 200
Working together for a common cause Solider & Family Readiness. This training is designed for FRG Leaders and FRSA's as well as others involved in Family Readiness

functions.

Call: 703-696-1229 or 703-805-5683

Monday, 20 June

Ready for Reunion Workshop

0900-1030, Fort Belvoir ACS, Bldg. 200
Establish realistic expectations about reunion recognize symptoms of stress and identify helpful and reliable sources of assistance. This training is best received 6-8 weeks in advance of your Soldier's return.
Call: 703-243-1229 or 703-805-5683

Reintegration Workshop

1030-1200, Fort Belvoir ACS, Bldg. 200
Whether you are a single or a married service member, a single-parent service member, a spouse, or a child, you will face certain stressors associated with reunion. This class will provide an understanding of the reunion process, and the importance of communication.
Call: 703-696-1229 or 703-805-5683

Wednesday, 22 June

Living Wills and Trusts

1130-1300, JBM-HH ACS, Bldg. 201
Call: 703-696-3510

Spouse Meet & Greet

1000-1130, Fort Myer Commissary
An opportunity for spouses new to the area to meet one another and gain useful information about the different programs and resources available to them.
Call: 703-696-0156/0026 fmccacsrelocation@us.army.mil

Thursday, 23 June

First Termers Money Management

0800-1600, JBM-HH ACS, Bldg. 201
Call: 703-696-3510

Monday, 27 June

Book Club: Love & Respect

1030-1200, Fort Belvoir Starbucks
What if you had the power to transform your marriage, even take it to a new level- would you do it? Would you like to discover the single, greatest secret to a successful marriage? Join us for this month's book club.
Call: 703-696-3512

**** ALL CLASSES REQUIRE PRE-REGISTRATION****

Please call the number listed to sign-up.

Check out our website at:

<http://www.fortmyermwr.com/index/ACS.html>



Like us on Facebook!

www.facebook.com/jbmhhacs

Follow us on Twitter!

www.twitter.com/jbmhhacs

Check out our Staff Blog!

<http://jbm-hhacsstaffblog.blogspot.com>

REGULAR SCHEDULED CLASSES

Every 2nd Tuesday, 1330-1530

Smooth Move

JBM-HH ACS, Bldg. 201
A pre-move relocation planning seminar designed to assist Military personnel, DoD civilians and Family Members before they PCS.
703-696-0783/0153 or fmccacsrelocation@us.army.mil

Every 4th Tuesday, 1400-1530

Sponsorship Training

Army Education Center, Bldg. 417
A training designed to help all sponsors in the performance of their duties and responsibilities as sponsors.
Call: 703-696-0783 or jaimie.gordon@us.army.mil

Every 3rd Wednesday, 1000-1100

Welcome to Germany

JBM-HH ACS, Bldg. 201
An overview of the German customs, culture and relocation process.
Call: 703-696-0783/0153 or fmccacsrelocation@us.army.mil

Every 1st Wednesday, 1000-1100

Welcome to Korea

0930-1030, Fort Myer ACS Classroom, Bldg. 201
An overview of the Korean customs, culture, and relocation process.
Call: 703-696-0783/0153 or fmccacsrelocation@us.army.mil

Every 3rd Monday, 1200-1300

Parenting Solo

Caucus Conference Room, Room, 1E423 Pentagon
A monthly meeting for single or divorced parents to come together to learn and share helpful information on a variety of parenting and relationship issues.
Call: 703-696-3512 or 703-696-6511

Every 1st and 3rd Wednesday, 1030-1130

Toddler Time

Call for Location

Join other children and parents on the first Wednesday of the month for a story and craft hour at the library. On the third Wednesday of the month we will have developmental play activities that will help children build social, emotional and gross motor skills.
Call: 703-696-3512

Every 2nd Thursday, 1700-1900

Hearts Apart

American Legion, Post 139, 3445 Washington Blvd., Arlington, VA 22201

This group is for spouses, fiancés, and Families of deployed or geographically separated military & civilian members, designed to bring families together while experiencing separation from their sponsor.
Call: 703-696-0156 or rene.fizer@us.army.mil