



SOLDIER FOR LIFE – TRANSITION ASSISTANCE PROGRAM (SFL-TAP)

FACT SHEET

Address and contact information for appointments

232 McNair Road, Building 404, Fort Myer, VA 22211

(703) 696-0973

Website: www.acap.army.mil

Hours of Operation:

0730-1600

VOW ACT Requirements

All Soldiers must meet VOW/CRS compliance prior to the transition date on their DD Form 214.

- (1) Pre-separation briefing/Initial Counseling (DD Form 2648/-1)
- (2) VA Benefits Briefings I & II
- (3) Department of Labor (DOL) Employment Workshop – Receive DOL Gold Card
- (4) Individual Transition Plan (ITP)
- (5) VA eBenefits registration
MyHealthVet registration
- (6) 12-month post-separation budget
- (7) MOS Crosswalk-Gap Analysis
- (8) Complete job application package OR received job offer letter
 - a. Private or Federal resume and references
 - b. Two submitted job applications
- (9) Documented continued Military Service opportunity (AC only)
- (10) Complete individual assessment tool
- (11) Capstone with DD Form 2958
- (12) Career Tracks (Accessing Higher Education, Vocational/Technical, Entrepreneurship) IAW Soldier's ITP:
 - a. Accessing Higher Education / Vocational/Technical Training; requirements are:
 - Assessment to identify aptitudes interests, strengths, and skills
 - Comparison of academic or training institution choice
 - College, university, or technical training application or acceptance letter
 - Confirmation of one-on-one counseling with a college, university, or technical institution advisor or counselor
 - b. Entrepreneurship Track: Business plan and SBA counseling

Soldiers must meet all these requirements in order to be cleared by ACAP.

Financial Counseling Services

SFL-TAP has a Financial Counselor on staff. Our financial counselor can assist Service Members in transition in the development of a budget and provide available resources that could assist them with their budget needs. Call the SFL-TAP Center at (703) 696-0973 to make an appointment.

24/7 SFL-TAP assistance

Call our Call Center Today!

800-325-4715

- Receive required pre-separation counseling.
- Learn about transition benefits and services.
- Take advantage of programs and assistance.
- Complete DD Form 2648 or 2648-1

Very popular classes at Joint Base Myer-Henderson Hall SFL-TAP Center

- Boots to Business (B2B)** – New 2 day workshop from Small Business Administration
- Career Resource Workshop** – Learn the art of interviewing with real Employers
- Finding and applying for Federal Jobs** – A Department of Labor expert provides insight on the process
- Home Buying** – Learn all resources available to enhance your home buying experience
- Credit Scores from good to excellent** – Learn to improve your scores with simple changes
- Smart Investments** – Learn how to make the best use of your money for a better future
- Debt Free** – Learn easy steps to become debt free
- Federal Resume** – Learn to build a professional federal resume from scratch

Call SFL-TAP Center at (703) 696-0973 to register.

SFL-TAP Virtual Center

SFL-TAP has a virtual center where transitioners could take and meet part of the requirements at their convenience. For more information visit www.acap.army.mil or make an appointment with our SFL-TAP Counselors at (703) 696-0973.

VA Claims Assistance

SFL-TAP provides VA claims application and submission assistance on site on Mondays and Thursdays from 0800-1500. Call SFL-TAP Center at (703) 696-0973 to schedule an appointment.