

Star Demery is the Executive Officer for the Headquarters Command Battalion at Joint Base Myer-Henderson Hall, providing command and control, administrative and logistical support, Uniform Code of Military Justice authority, and training to more than 6,000 Soldiers assigned and attached throughout the Military District of Washington and the National Capital Region.



Prior to this position, Mrs. Demery served as the Training Instructor for Casualty Operations while assigned to the HHC, USAG Company at JBM-HH, training hundreds of senior NCOs and Officers as Casualty Notification and Casualty Assistance Officers assisting the Families of our Fallen Soldiers. Mrs. Demery also served as an editor for the Headquarters Department of the Army, Deputy Chief of Staff, G-3/5/7 in the Staff Action Control Office, providing assistance and guidance to over one thousand Staff Action Officers assigned to the G-3/5/7.

Mrs. Demery has served in the United States Army Reserves for over 17 years and is currently a Captain serving in the 200th Military Police Command out of FT Meade, MD as the Medical Operations Officer. Prior to that, she served in the 48th Combat Support Hospital (CSH) at FT Meade, MD, as the assistant S1 Adjutant. She was also the Executive Officer of the 371 Minimal Care Detachment in Brooklyn, OH and her first unit was the 256th CSH in Brooklyn, OH as a Food Service Specialist. Mrs. Demery has served on multiple mobilizations in support of Operation Enduring Freedom. She has completed many military trainings, to include Master Resilience Training and Captains Career Course and received numerous awards for her achievements and service, to include the Meritorious Service Medal (one Oak Leaf cluster).

Mrs. Demery is a graduate of Baldwin-Wallace College in Berea, OH, with a Bachelor's degree in science, majoring in psychology; a Master's of Public Administration degree from the Maxine Levin College of Urban Affairs at Cleveland State University in Cleveland, OH.

Mrs. Demery is married and lives with her husband and their twins in Northern Virginia.